

SpenglerFox interview series uncovers CEOs' secrets to managerial success

„Ask the right questions, remember to give compliments and take time to personalize them, provide feedback immediately, give clear instructions, strive to inspire your team“ This is just some of the advice offered by both YPO-member CEOs and other company executives during SpenglerFox CEO Mark Hamill's recent CEO Series of 10 Questions podcast interviews with leaders of top global companies. Mark asked for their take on time management, use of technology in the workplace and their advice for colleagues on best practice.

The current series, which builds on a set of podcasts completed with CEOs during 2013-2014, includes insights from the following executives: Chris van Riet, MD, Radius Group Russia, Massimiliano Colella, Sr. Vice-president, Smith & Nephew, Alistair Grenfell, President Europe and Africa, IMS Health; Boyan Neytchev, MD CEE Groupe Bel and Dariusz Kucz, Vice President Asia Pacific, Danone Baby Nutrition.

The interviews explore the work schedules of these global executives, their lifestyles, travel demands, management styles, approaches to leadership and talent development, support for internal feedback and communications, technology preferences and the need to integrate technology into business.

The interviews also include valuable insights on what skills executives have picked up over the years that allow them to run the best company possible. Key guidance offered focuses on transparency in management, pushing employees to

achieve, verbal recognition of employee successes, etc.

[The interviews are available here on the SpenglerFox webpage.](#)

Common traits of successful executives

- Start the day with physical activity
- Early morning review of company email
- Engage in activities outside the job to break possible work monotony (i.e. non-work-related reading, music or other hobbies)
- Meet with experts outside the core business to gain access to new viewpoints and fresh ideas
- Balanced approach to use of technologies (use apps that support time management and access to industry data, measured approach to social media in business)
- Focus on continued personal improvement