Job Description

**Job Title: Occupational Therapist**

**Responsible to:** Clinical Director & Lead Clinical Psychologist for Sexual Trauma services

As the Occupational therapist, you will be working alongside the multidisciplinary team with the aim of equipping the young people with the skills needed for increased independence and community living. The service uses a therapeutic model which combines third wave CBT approaches; Dialectical Behaviour Therapy (DBT) and Acceptance & Commitment therapy (ACT).

You will identify the goals of the young people collaboratively, then plan and implement evidence-based interventions which use strengths and overcome obstacles to goal attainment aimed at restoring socially valued roles and social inclusion. You will carry out interventions in environments most suitable to the therapy and the aim of social inclusion.

You will also work with your care and education colleagues in the MDT to contribute to detailed and thorough risk assessments to inform therapeutic risk taking on site and in the community.

The post is part of the wider C4C Clinical Team who are committed to promote and deliver therapeutic care practices and create a therapeutic environment for the children and young people we care for. The post holder will be reasonably expected to undertake other duties commensurate with the level of responsibility that may be allocated from time to time.

**Overall Objectives:**

* Responsibility for delivery of occupational therapy provision at Springfield House (under the supervision of the Clinical Director and the Lead Clinical Psychologist with access to professional supervision from an OT as necessary)
* Promoting and supporting the Wellbeing for Life Programme alongside other key components of the Springfield model.
* Being aware of the aims and objectives of Care 4 Children and working collaboratively with colleagues to achieve these
* Supporting the functioning of the weekly Multi-disciplinary Team meetings
* To ensure that the qualitative objectives and ethos of care are implemented throughout the service in a timely manner
* To maintain effective and productive relationship/partnerships with all external agencies, and professional bodies

**Key Tasks:**

* Delivering effective OT assessments and interventions through the collaborative identification of goals with the young people
* To plan and implement evidence-based interventions which use strengths and overcome obstacles to goal attainment aimed at restoring socially valued roles and social inclusion.
* To maintain best-practice systems, risk appraisal and quality assurance procedures to ensure high quality, high value services and good outcomes for young people and Local Authorities
* Being aware of childcare plans for all young people at Springfield House and providing support for colleagues by maintaining consistency in the execution of those plans
* To communicate complex clinical information in a skilled and sensitive manner so that it is accessible to all staff.
* To maintain high standards of clinical practice that adhere to the professional ethical standards and the professional codes of practice of the relevant accrediting professional body
* HCPC Membership is a condition precedent of your employment. You are required to maintain membership of such a professional body

**General Duties**

* To comply at all times with the company’s legal, contractual and regulatory requirements and responsibilities in relation to the above duties
* To represent the company externally where required and to promote its work and values
* To be aware of relevant policies, procedures, guidelines and legislation which are current and ensure that all establishments carry out duties accordingly
* To carry out other duties reasonably requested by the Clinical Director, which fall within the remit of the role and the capabilities of the post holder

Person Specification

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| Qualifications | Essential (E) Desirable (D) |
| Degree or equivalent within Occupational Therapy | E |
| Professional registration with the Health and Care Professions Council (HCPC) | E |
| Recent NHS experience either pre or post qualification | D |
| Other clinical training, for example CBT; Systemic Psychotherapy; DBT. | D |
| Experience |  |
| Undertaking assessment and intervention with children who have learning disability, mental health, emotional and behavioural difficulties, experience of child exploitation and / or harmful sexualised behaviour | E |
| Experience of sensory integration assessment and teaching self-soothing skills | D |
| Previous experience of working with looked after children | E |
| Work in juvenile or adult justice system | D |
| Working with children with neurodevelopmental disorders | D |
| Participation in Multi-Disciplinary Team meetings | E |
| Previous Residential Care or inpatient sector experience | D |
| Previous CAMHS experience | E |
| Knowledge |  |
| Awareness of the impact of trauma and childhood adversity on life trajectories | E |
| Awareness of safeguarding issues and procedures | E |
| Ability to communicate effectively both orally and in writing | E |
| Ability to take own initiative | E |
| Ability to take direction and work as part of a team | E |
| Ability to work in partnership with other professionals | E |
| Emotional resilience in working with challenging behaviours | E |
| Ability to self-reflect | E |
| Understanding equal opportunities, anti-discrimination practice, and ethical issues. | E |
| Understanding of challenging behaviour and methods of support | E |
| Awareness of child quality standards | E |
| Knowledge of psychological theories and approaches of working with children and young people in distress and/or clinical risks and needs. | E |
| Other |  |
| Full clean driving licence | E |