

THE 20:20 CAMPAIGN NEEDS YOU!



WHY?

MDS UK is taking part in The 20:20 Campaign with other rare cancer charities impacted by COVID-19 and needs your help for the challenge!

WHAT CAN I DO?

Participants must simply complete a number of 20, "20" themed challenges (one a day) starting on September 20th and encourage friends and family to sponsor them.

The challenges DO NOT have to be fitness based and you can be as imaginative as you like!
For example, decorating 20 cupcakes in 20 minutes!



HOW DO I JOIN IN?

All funds raised will go directly to MDS UK, ensuring we can continue our life-changing work! We look forward to seeing many people get involved and lots of creativity!

To participate or for more info, please contact Jan Edwards (Fundraising Officer) on fundraising@mdspatientsupport.org.uk