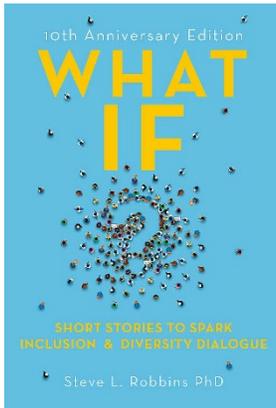


Implicit Bias Resource Guide



Book: What If? 10th Anniversary Edition: Short Stories to Spark Inclusion & Diversity Dialogue by Dr. Steve Robbins

Based on his study of the fields of behavioral science and cognitive

neuroscience, Robbins explores unconscious bias in its many forms. With his signature humor, these weighty but important topics are addressed with great insight, care and humility. The result is an unpretentious guide for individuals and organizations that will help break down defenses and shine a helpful light on human behavior in a world filled with differences. *Content warning for mentions of domestic violence, sexual assault, suicide.*

[Learn more or buy the book >>](#)

Podcast: NPR's Invisibilia, "The Culture Inside"

Is there a part of ourselves that we don't acknowledge, that we don't even have access to – and that might make us ashamed if we encountered it? This episode interviews people who are tackling the question, critical to so much of our behavior: what does it take to change these deeply embedded concepts? Can it even be done?

[Listen to the episode >>](#)

Thank you for attending today's Staffing 360 Solutions' Month of Understanding event. Here are some resources to delve deeper into the topic of unconscious bias.

Video: An Introduction to Unconscious Bias

A 3-minute animated video demonstrating the difference between the conscious brain and the unconscious brain.

[Watch the video on YouTube >>](#)

Activity: Implicit Bias Test

A series of tests developed by Harvard to measure the brain's tendency to associate particular characteristics with certain demographics.

[Take the test >>](#)

Article: 11 Harmful Types of Unconscious Bias and How to Interrupt Them

This article describes 11 of the most common types of unconscious bias, along with tactics to ensure that workplace decisions aren't being guided by them.

[Read the article >>](#)

LinkedIn Learning: Uncovering Unconscious Bias in Recruiting and Interviewing

This course defines several different types of unconscious bias and outlines strategies to minimize bias in the recruiting and interview process.

[Email Jeannine Shifflett for free access to the course >>](#)